

Your household must meet certain requirements to be eligible for SNAP (Supplemental Nutrition Assistance Program) and receive benefits.

To get SNAP benefits, you must apply in the state in which you currently live and you must meet certain requirements, including resource and income limits. If your state agency determines you are eligible for SNAP benefits, you will receive benefits back to the date you submitted your application.

You can contact [your state agency](#) by visiting your local SNAP office, visiting your state agency's website, or calling your state's toll-free SNAP Information hotline. Some states have online applications that can be completed from the state agency website.

Most SNAP eligibility rules apply to all households, but there are some special rules for students attending an institution of higher education. For more information on SNAP and student eligibility, go to: <https://www.fns.usda.gov/snap/students#1>.

If you live in Iowa, you can apply for SNAP and other helpful programs through the [Iowa Department of Health and Human Services](#) website. The Iowa Food Bank Association offers a SNAP hotline to help you with qualification and application questions. Call 855-944-3663 or email foodassistanceoutreach@iowafba.org.

Below are the current SNAP eligibility income limits and monthly benefit amounts through September 30, 2023:

Household Size	Gross Monthly Income	Monthly Maximum SNAP Benefit Allotment
1	\$1,473	\$ 281
2	\$1,984	\$ 516
3	\$2,495	\$ 740
4	\$3,007	\$ 939
5	\$3,518	\$1,116
6	\$4,029	\$1,339
7	\$4,541	\$1,480
8	\$5,052	\$1,691
Each additional member	+ \$512	+ \$211

If you need immediate food resources, check out Catherine's Cabinet, our on-campus food pantry. There are 2 locations: Room 122 in the Sullivan Center and Room 184 in the Student Success Center. Both locations are open during regular campus hours. For more information, please email diane.haskins@mchs.edu.