

In response to COVID-19, the federal government has expanded access to the Supplemental Nutrition Assistance Program or SNAP (formerly called Food Stamps) for college students. The amount of SNAP benefits varies by size of household. If you have an Expected Family Contribution (EFC) of \$0 on your FAFSA application for this year (2021-2022), you may qualify for SNAP. **PLEASE NOTE: To be eligible for SNAP, you must also meet additional SNAP rules and income eligibility criteria. You may also need to apply for SNAP with other people you live with.**

For more information or for help with an application, call the Iowa Food Bank Association SNAP Hotline at (855) 944.FOOD (3663) or [click here](#) to apply directly through the Iowa Department of Human Services.

Below are the current SNAP eligibility income limits and monthly benefit amounts:

Household Size	Gross Monthly Income	Monthly Maximum SNAP Benefit Amount
1	\$1,719	\$ 250
2	\$2,324	\$ 459
3	\$2,928	\$ 658
4	\$3,535	\$ 835
5	\$4,140	\$ 992
6	\$4,744	\$1,190
7	\$5,351	\$1,316
8	\$5,956	\$1,504
Each additional member	+ \$607	+ \$188

Note: Temporarily, all households who qualify for SNAP receive the maximum amounts for their household size - as long as there is a federal and state public health emergency due to COVID.