3+1 Health & Exercise Science at Simpson College BSN at Mercy College of Health Sciences

Program Details

Eligibility:
- This option is for Simpson College students who have completed 6 semesters in the Health and Exercise Science major.
- The degrees would be conferred at the same time so that students do not lose eligibility for certain forms of financial aid. Each institution would grant their own degree.

Purpose:
The purpose of the accelerated baccalaureate in nursing program is to prepare nurse generalists to be providers, designers, leaders, managers, and coordinators of care as well as accountable members of the nursing profession and to pursue graduate level education.

Courses are primarily the same as a Traditional BSN plan of study, but is compressed to 12 months, with key variations in course offerings, class schedules, and clinical rotations, as follows:
- Two 8-week sessions integrated into fall and spring semesters
- One 15-week summer session
- Clinical training rotations may include evenings and/or weekends.
- Additional electives will be covered by other fourth year NURS courses

Admission Requirements:
1. A 2.25 GPA is required for admission to Mercy College. Admissions to Nursing program requires extracted 3.0 GPA in 8 courses*
2. Be currently enrolled in HES major.
3. Successful completion of all pre-requisite courses before starting the program.
4. Evidence of required immunizations.
5. Completion of compliance trainings
6. CPR certification for Health Professionals.
7. A completed background check.

Pre-Requisite Requirements (3.0 GPA required):
*College Level Math (3 credits)
*Lower or upper-level statistics course (3 credits)
*Human Anatomy (with lab)
*Human Physiology (with lab)
*Microbiology (with lab)
*English Composition I

*General Psychology
*Lower or upper-level Nutrition (3 credits)

First Year					
FALL			**SPRING**		
BIO 110	Principles of Biology with Lab	4 CR	PSYCH 101	Principles of Biology with lab (core molecular)	4 CR
SpSc 110	Intro to Health Careers (Core)	4 CR	SpSc 107	Nutrition (Core & Nsg pre-req*)	4 CR
SpSc 120	Functional Human Anatomy (Core)	4 CR	BIO 111	Principles of Biology II w/ Lab	4 CR
SC 110	Foundations I	4 CR	SC 111	Foundations 2	4 CR
Semester Total Credit Hours		**16**	**Semester Total Credit Hours**		**16**
			May Term Course #1 of 2 (Gen Ed)		

Second Year					
FALL*			**SPRING**		
SpSc 210	Scientific Writing (Core)	4 CR	Coop 219	Internship Prep (Core)	1 CR
SpSc 310	Exercise Physiology (Structure & Function)	4 CR	SpSc 278	Clinical Conditions & Medical Terminology (Core)	4 CR
BIO 251	Microbiology	4 CR	SpSc 341	Exercise Testing & Prescription (Program Design #1)	4 CR
MATH 130	College Algebra + Discussion ((Nsg pre-req* & physics 151 pre-req)	4 CR	BIO 225	Human Physiology w/ Lab (Biol Sciences & Nsg pre-req)	4 CR
HUM	GEN ED – Humanities Course #1 of 2 for Mercy	4 CR	HUM	GEN ED – Humanities Course #2 of 2 for Mercy	4 CR
Semester Total Credit Hours		**20**	**Semester Total Credit Hours**		**17**
			* May term – SpSc 355 – Advanced Exercise Testing & Prescription (Program Design #2 & May Term #2)		4 CR

Third Year				
FALL			**SPRING**	
SpSc 319	Internship (Core) – encouraged as sophomore or junior after Coop 219	2-4 CR	SpSc 385/388/398	Capstone 4 CR

###	GEN ED	4 CR	SpSc 256	Health Promotion, Education, and Behavioral Health (Health, Wellness, Risk)	4 CR
SOC ###	GEN ED – Social Science course #2 of 2 for Mercy	4 CR	BIO 322	Human Anatomy w/ Lab (Nsg pre-req*)	4 CR
Psy 110	Statistics (Nsg pre-req*); note other statistics options include Math 108, or ECON 135 or SOC 210, both with unique pre-reqs	4 CR	###	OPEN	4 CR
Semester Total Credit Hours		**16**	**Semester Total Credit Hours**		**16**
Total Program Hours: 101					

Program Notes:

3+1 BSN students at Mercy College will complete all remaining credits required for completion of their health sciences major through their nursing coursework. Students will be required to send an official transcript to the Simpson College of the Registrar to apply their transfer coursework to the health sciences major requirements. **A minimum of 128 total hours will be required to earn a Bachelor of Arts in Health Sciences from Simpson College.** Degrees from Simpson College and Mercy College will be conferred at the same time. This may result in total program hours higher than 128.

Should students not complete their coursework at Mercy College and decide to return to Simpson College, they will be responsible for the current College tuition rate.

The typical course load for a Simpson student is four courses of four credits each, for 16 credit hours. Some majors require participation or enrollment in additional courses each semester and so the credit hours for a semester may be higher than 16.

Along with requirements for the major, students also complete courses from the general education program (ECC/Simpson Core), and perhaps courses to complete a second major or a minor. Although this information provides a sample plan of study, please consult the college catalog and visit with your academic advisor to discuss current offerings and determine a plan of study that meets your specific situation.

The following designations from ECC are potentially not fulfilled within this academic plan: AR, EV, GP, HP, IC, QR (if SPSC 372 Research Methods is not taken as an elective), WC (1 course).

The following designations from Simpson Core are not fulfilled within this academic plan: ACE, CTI^, HI, LS^^, GS, EDM, EXPL. ^CTI could be met by Soc 101 and fulfill social science course #2 of 2 needed for Mercy, and a pre-req for Soc 210 as the statistics course. ^^Could be met by HSLD 110, see strongly recommended courses below.

Other STRONGLY recommended courses but not required:
- HSLD 110 - Intro to American Health Care Systems
- CPR/AED certification is required for most nursing programs (included as part of SPSC 341)